

The Safety Recorder

January 2012



ESS Clean

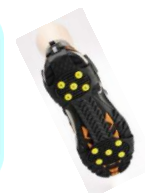
Winter Weather Safety

The winter season is upon us! During this time of year, the weather can pose many safety risks, both at home & in the workplace.

1 Be Prepared:

Stay informed by watching the local weather. Know what type of environmental conditions to expect like “freezing rain, sleet, snow, ice or below freezing temps”!

ICE CLEATS



If you often walk on ice to the dumpster, request a pair from your manager.

2 Ice & Snow on Walkways:

Ice and snow on sidewalks

& walkways is common during the winter months. To avoid slipping on ice, sprinkle ice melt/salt (provided at every account) on sidewalks &/or any path you commonly take to & from your car and near the dumpsters. *If your account does not have ice melt – let your manager know asap!

3 Watch Out for Wet Floors:

Unfortunately, the outdoors does not always stay outside. Pay extra attention to entrances & high traffic areas in your building during the winter months. Patrons will bring snow, ice and even the salt in on their shoes which creates puddles, wet & slick floors. This can be dangerous.

Did You Know?

Slip & Fall Accidents are the #2 Leading cause of injury throughout the US.

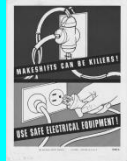
4 Avoiding Illness:

Cold weather is also a time for common illnesses such as the common cold and influenza. To safeguard against these airborne pathogens, there are a few simple rules to follow:

- Wash your hands frequently
- Avoid touching your face
- Disinfect surfaces regularly
- Boost your immune system with a healthy diet and regular exercise.

5 Winter Driving Safety

Whether you drive a company vehicle or not, please keep in mind that winter weather causes many unsafe driving conditions. Allow extra time to get to and from work. Icy or snow covered roads & impaired visibility from blowing snow will affect the speed you can go. Drive defensively so you can avoid an accident when another driver loses control.



December Winners

\$25 Gas Cards!

- Sherry Clayton
- Rick Hottman
- Marlow Woolcott
- Margie Swim
- Felicia Weemer



Safety



In 2012, we will have **6** JACKPOT WINNERS!

That's Right! We will be drawing SIX names to WIN a 42" Flat Screen TV & SIXTY names to WIN \$25 Gas Cards!

How to Win:

Complete the Safety Recorder Quiz below by January 31 & you will be entered into the monthly & jackpot drawings. *1st drawing for CU Branch is April 6th!*

You will earn one entry for every activity that is completed.

Every Month, 5 winners will receive a \$25 Gas Card Also!

CU Branch

(includes Champaign/Urbana area & Decatur/Springfield area)

- One Jackpot Winner Drawn Each Quarter!
- 4 Winners in All!

Effingham Branch

(includes Effingham/Mattoon, Assumption & surrounding area)

- Your Own Year-End Jackpot Winner!

Bloomington Branch

(includes Bloomington/Normal & surrounding area)

- Your Own Year-End Jackpot Winner!



Safety Quiz

Name: _____

1. Name one tip for avoiding common illnesses such as the common cold or influenza:
2. Name one safety tip for driving in winter weather:
3. Slips & Falls are dangerous & are the 4th leading cause of injury in the U.S. True or False (circle)
4. How many prizes are being awarded in 2012 to reward those who participate in the safety quiz?
 - a. 6
 - b. 16
 - c. 66
 - d. None of the above
5. What is the website link to complete the safety quiz online? _____
6. If you don't have ice melt in your account, you should just walk on the ice anyway. True or False (circle)

How to Submit Safety Activities:

Option 1 – Complete Online by following the link to our website.

www.essclean.com/safety

Survey Password: ESS1

Option 2 – Bring it into Office or put in our outside drop box.

Option 3 – Mail it In

ESS Clean, Inc.
Attention: Tammy
PO Box 17067
Urbana, IL 61803

